



## CME / CE Activity Detail Page

# Reflective Practice

**Release Date:** March 14, 2024

**Expiration Date:** March 13, 2027

### **Statement of Need**

This educational initiative is strategically designed to address identified competency gaps, enabling clinicians to engage in self-directed and continuous improvement across multiple domains of practice. Leveraging a sophisticated AI-powered platform, this activity facilitates timely and personalized reflective prompts, tailored to the unique clinical context and developmental needs of each clinician.

Clinicians are encouraged to introspect and strategize across the spectrum of their practice, focusing on:

- **Patient Care:** Reflecting on and enhancing direct patient care practices, with an emphasis on safety and efficacy.
- **Medical Knowledge, with role of AI:** Applying current evidence and research to improve understanding and application of medical knowledge in practice.
- **Practice-Based Learning, AI integration and Improvement:** Identifying personal learning needs, engaging in iterative self-improvement, and integrating learning into practice.
- **Interpersonal and Communication Skills:** Improving the effectiveness of communication with patients, families, and professional teams.
- **Professionalism:** Upholding ethical principles and sensitivity to a diverse patient population.
- **Systems-Based Practice:** Understanding and optimizing healthcare systems to improve the quality- of-care delivery.

Captured within a reflective learning journal, these contemplations are intended to support lifelong learning and the enhancement of healthcare outcomes. This reflective process adheres to the evidence-based standards set forth by the ACCME and independent peer-reviewed research, ensuring the reflective activity contributes meaningfully to the evolution of clinical competence and patient care excellence.

### **Learning Objectives**

- **Enhance clinical decisions:** Employ reflective practice to pinpoint and tackle personal learning needs, promoting a cycle of continuous professional development, and patient care enhancement.
- **Strengthen Interprofessional Collaboration:** Foster effective teamwork, and enhance interprofessional dynamics, leading to more cohesive patient care and a supportive healthcare environment.

### **Target Audience**

Dentists, Nurses, Nurse Practitioners, Pharmacists, Physician Assistants, Physicians, Social Workers, Athletic Trainers, Registered Dietitians, Chaplains, and other members of the healthcare team.



## Credit Information

### Jointly Accredited Provider



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by CME Outfitters, LLC, and SCAD Group Inc. CME Outfitters is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

#### Physicians (ACCME)

CME Outfitters, LLC, designates this internet point-of-care activity for a maximum of 1.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Nurses (ANCC)

This activity is designated for 1.0 contact hours.

**Note to Nurse Practitioners:** Nurse practitioners can apply for *AMA PRA Category 1 Credit™* through the American Academy of Nurse Practitioners (AANP). AANP will accept *AMA PRA Category 1 Credit™* from Jointly Accredited Organizations. Nurse practitioners can also apply for credit through their state boards.

#### Pharmacists (ACPE)

Pharmacists (ACPE): This application-based activity is approved for 1.0 contact hours (0.10 CEUs) of continuing pharmacy credit UAN JA0007185-9999-24-030-H05-P.

#### Physician Assistants (PA)



CME Outfitters, LLC, has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 1.0 AAPA Category 1 CME credits. Approval is valid until March 13, 2027. PAs should only claim credit commensurate with the extent of their participation.



## Dentists (ADA CERP)



CME Outfitters, LLC is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. Concerns or complaints about a CE provider may be directed to the provider or to the Commission for Continuing Education Provider Recognition at [ADA.org/CERP](http://ADA.org/CERP).

CME Outfitters, LLC designates this activity for 1.0 continuing education credits.

Concerns or complaints about a CE provider may be directed to the provider, or to the Commission for Continuing Education Provider Recognition at [ADA.org/CERP](http://ADA.org/CERP).

## Registered Dietitians:



This activity awards 1.0 CPEU(s).

**CDR CPEU:** Completion of this RD/DTR IPCE activity awards CPEUs (One IPCE credit = One CPEU). RDs and DTRs are to select activity type 102 in their Activity Log. Performance indicator selection is at the learner's discretion.

## Athletic Trainers:



CME Outfitters, LLC (BOC AP#: JA0007185) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers (ATs). This program is eligible for a maximum of 1.0 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.



### Social Workers:



Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. CME Outfitters, LLC maintains responsibility for this course. Social workers completing this course receive 1.0 intermediate continuing education credits.

### Chaplains:



The provider of this educational event has designed the program so that it may be considered by participants for use as continuing education to enhance the professional knowledge and pastoral competency of chaplains certified through the Board of Chaplaincy Certification Inc.® an affiliate of the Association of Professional Chaplains®.

### Interprofessional Continuing Education:



This activity was planned by and for the healthcare team, and learners will receive 1.0 Interprofessional Continuing Education (IPCE) credit for learning and change.

All other healthcare professionals may receive a Certificate of Participation stating this activity was certified for *AMA PRA Category 1 Credit™*.

For complete technical requirements and privacy policy, visit <https://reflectivepractice.fyi>.

**Disclosure Declaration**

It is the policy of CME Outfitters, LLC to ensure independence, balance, objectivity, and scientific rigor, and integrity in all of their CE activities. Faculty must disclose to the participants any relationships with commercial companies whose products or devices may be mentioned in faculty presentations, or with the commercial supporter of this CE activity. CME Outfitters, LLC, has evaluated, identified, and mitigated any potential conflicts of interest through a rigorous content validation procedure, use of evidence-based data/research, and a multidisciplinary peer review process. The following information is for participant information only. It is not assumed that these relationships will have a negative impact on the presentations.

Disclosures obtained from the CME Outfitters, LLC and SCAD Group Inc. staff report no financial relationships.

**Faculty:**

Niraj Swami, MBA and Brian Cohen, MD, have nothing to disclose.

**Planning Committee:**

Brian Cohen, MD, Rose Sohraby Cohen, Pharm.D, Taylor Guerin, JD, LLM, LCSW, Miranda Barker, LICSW, Aline Valladares, RN-MSN, Natalia Benda Celenski, DDS, Lisa Cohen, LMHC, ATR-BC, Raelynn Harvey, PA-C, Niraj Swami, MBA, Scott J. Hershman, MD, FACEHP, CHCP, and Candice Gillett, MPH have nothing to disclose.

**Accreditation and Content Reviewer:**

Scott J. Hershman, MD, FACEHP, CHCP has nothing to disclose.

*\*All identified conflicts of interest have been mitigated.*

Faculty of this CE activity may include discussions of products or devices that are not currently labeled for use by the FDA. The faculty have been informed of their responsibility to disclosure to the audience if they will be discussing off-label or investigational uses (any uses not approved by the FDA) of products or devices.

**Questions about this activity? Please email [inbox@reflectivepractice.fyi](mailto:inbox@reflectivepractice.fyi)**