



## CME / CE Activity Detail Page

### **Reflective Practice**

**Release Date:** March 14, 2025

**Expiration Date:** March 13, 2026

**Claim Credit Until** March 13, 2026

**Joint Provider:** SCAD Group Inc.

**Website:** <https://reflectivepractice.fyi>

**Format:**

Internet Searching and Learning

**Statement of Need**

This educational initiative is designed to address critical competency gaps and empower clinicians to engage in self-directed, continuous professional development across all domains of practice. Unlike traditional continuing education and other reflective learning activities, which are often centered around set curricula or content feeds, this activity allows clinicians to capture and reflect on authentic learning moments from their own daily experience.

Using a sophisticated AI-equipped platform, participants receive timely, personalized reflective prompts, normative guidance, and feedback tailored to their clinical context, learning portfolio, and evolving developmental needs. Clinicians can initiate reflections anytime, anywhere—via browser, mobile device, or messaging platform—making reflective practice both accessible and sustainable within the flow of busy clinical life.

Fueled by millions of clinician-authored reflections and tens of millions of datapoints on contextual learning behaviors, this continuously evolving system draws from a growing clinician-owned data network. Unlike content-pushing algorithms or influencer-based education models, it is built to generate systemic insight—surfacing what truly drives growth across domains. Each interaction becomes more intelligent, more clinically relevant, and more aligned with measurable impact and interprofessional advancement.



Clinicians are encouraged to introspect and advance their practice across the following domains:

- **Patient Care:** Advancing patient outcomes through reflective analysis of real clinical encounters—emphasizing safety, timeliness, appropriateness, and efficacy. Supports continuous refinement of clinical judgment, procedural skills, and bedside care.
- **Medical Knowledge (Including Role of AI):** Deepening understanding and real-time application of evolving scientific evidence, clinical guidelines, and diagnostic innovations. Includes thoughtful use of AI tools to augment decision-making, contextualize new research, and support differential thinking.
- **Practice-Based Learning and Improvement (with AI Integration):** Proactively identifying learning gaps through reflective insight and feedback loops. Uses AI-enabled analytics to surface patterns, guide next steps, and embed continuous improvement directly into practice.
- **Interpersonal and Communication Skills:** Strengthening the ability to build trust, navigate complexity, and communicate effectively with patients, families, and interprofessional teams. Emphasizes empathy, clarity, cultural competence, and collaborative problem-solving.
- **Professionalism:** Reinforcing a commitment to ethical practice, personal accountability, cultural humility, and respect for patient autonomy. Encourages clinicians to reflect on behavior, bias, and leadership within the clinical microsystem.
- **Systems-Based Practice:** Enhancing clinicians' capacity to engage with and improve healthcare systems. Supports awareness of cost, access, coordination, and quality—empowering reflective contributions to safer, more equitable, and efficient care delivery.

Captured within a reflective learning journal, these contemplations are intended to support lifelong learning and the enhancement of healthcare outcomes. This reflective process adheres to the evidence-based standards set forth by the ACCME and independent peer-reviewed research, ensuring the reflective activity contributes meaningfully to the evolution of clinical competence and patient care excellence

### Learning Objectives

- **Enhance clinical decisions:** Employ reflective practice to pinpoint and tackle personal learning needs, promoting a cycle of continuous professional development, and patient care enhancement.
- **Strengthen Interprofessional Collaboration:** Foster effective teamwork, and enhance interprofessional dynamics, leading to more cohesive patient care and a supportive healthcare environment.



### **Target Audience**

Dentists, Nurses, Nurse Practitioners, Nurse Anesthetists, Pharmacists, Pharmacist Technicians, Physician Assistants, Physicians, Social Workers, Athletic Trainers, Registered Dietitians, Chaplains and other members of the healthcare team.

### **Credit Information**

#### **Jointly Accredited Provider**



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by CME Outfitters, LLC, and SCAD Group Inc. CME Outfitters is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

#### **Physicians (ACCME)**

CME Outfitters, LLC, designates this Internet Searching and Learning activity for a maximum of 1.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Note to Nurse Practitioners:** Nurse practitioners can apply for *AMA PRA Category 1 Credit™* through the American Academy of Nurse Practitioners (AANP). AANP will accept *AMA PRA Category 1 Credit™* from Jointly Accredited Organizations. Nurse practitioners can also apply for credit through their state boards.

#### **Nurses (ANCC)**

This activity is designated for 1.0 contact hours.

Provider approved by the California Board of Registered Nursing, Provider # CEP 15510, for 1.0 Contact Hours.



### **Nurse Anesthetists (AANA)**

This interprofessional continuing education (IPCE) activity has been designed to meet the educational needs of healthcare professionals, including nurse anesthetists, and aligns with the requirements set forth by the American Association of Nurse Anesthesiology (AANA).

While this activity has not been pre-approved for Class A credit, it may qualify as Class B credit toward the National Board of Certification and Recertification for Nurse Anesthetists (NBCRNA)

Continued Professional Certification (CPC) Program. **Class B credits do not require prior approval and may be self-reported by AANA members. This activity may contribute to Class B requirements by enhancing knowledge of anesthesia practice, supporting patient safety, and fostering an understanding of the broader healthcare environment.**

*Participants are responsible for maintaining appropriate documentation of participation, as required by NBCRNA, and reporting their credits accordingly.*

### **Pharmacists (ACPE)**

Pharmacists (ACPE): This application-based activity is approved for 1.0 contact hours (0.10 CEUs) of continuing pharmacy credit UAN JA0007185-9999-25-090-H99-P.

### **Pharmacy Technician (ACPE)**

Pharmacy Technicians (ACPE): This application-based activity is approved for 1.0 contact hours (0.10 CEUs) of continuing pharmacy credit UAN JA0007185-9999-25-090-H99-T.

### **Physician Assistants (PA)**



CME Outfitters, LLC, has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 1.0 AAPA Category 1 CME credits. Approval is valid until March 13, 2026. PAs should only claim credit commensurate with the extent of their participation.



### **Maintenance of Certification (MOC)**

Successful completion of this CME activity, which includes participation in the reflective pair, assessment, and evaluation component defines the minimum participation threshold enabling the participant to earn MOC points / credit. Participation and claiming of MOC credit will be shared with the learners identified specialty board(s).

Once the participation threshold has been met, the learner will be presented with feedback on their reflections, a list of unique learning objectives, and sources / citations as a recommended reading list.

*Please note: A learner may only receive participation credit for completing each unique activity once per day.*

### **American Board of Internal Medicine (ABIM) Maintenance of Certification (MOC)**



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 1.0 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

### **American Board of Pediatrics (ABP) Maintenance of Certification (MOC)**



Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to 1.0 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.



### **American Board of Pathology (ABP) Continuing Certification (CC)**



This activity meets the requirements and has been registered to offer 1.0 credit(s) for the American Board of Pathology for lifelong learning (CME).

### **American Board of Orthopaedic Surgery (ABOS) Maintenance of Certification (MOC)**



Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn credit toward the CME of the American Board of Orthopaedic Surgery's Maintenance of Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABOS credit.

### **American Board Otolaryngology – Head and Neck Surgery (ABOHS) Maintenance of Certification (MOC)**



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn their required annual part II self-assessment credit in the American Board of Otolaryngology – Head and Neck Surgery's Continuing Certification program (formerly known as MOC). It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of recognizing participation.



### **American Board of Surgery (ABS) Maintenance of Certification (MOC)**



Successful completion of this CME activity enables the learner to earn credit toward the CME requirement(s) of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

### **American Board of Thoracic Surgery (ABTS) Maintenance of Certification (MOC)**



Successful completion of this CME activity enables the learner to earn credit toward the CME of the American Board of Thoracic Surgery's Maintenance of Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABTS credit.

### **American Board of Anesthesiology (ABA) Maintenance of Certification (MOC)**



This activity contributes to the CME component of the American Board of Anesthesiology's redesigned Maintenance of Certification in Anesthesiology™ (MOCA®) program, known as MOCA 2.0®. Please consult the ABA website, [www.theABA.org](http://www.theABA.org), for a list of all MOCA 2.0 requirements."



### Dentists (ADA CERP)



CME Outfitters, LLC is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. Concerns or complaints about a CE provider may be directed to the provider or to the Commission for Continuing Education Provider Recognition at [ADA.org/CERP](http://ADA.org/CERP).

CME Outfitters, LLC designates this activity for 1.0 continuing education credits. Concerns or complaints about a CE provider may be directed to the provider, or to the Commission for Continuing Education Provider Recognition at [ADA.org/CERP](http://ADA.org/CERP).

### Registered Dietitians:



This activity awards 1.0 CPEU(s).

**CDR CPEU:** Completion of this RD/DTR IPCE activity awards CPEUs (One IPCE credit = One CPEU). RDs and DTRs are to select activity type 102 in their Activity Log. Performance indicator selection is at the learner's discretion.

### Athletic Trainers:



CME Outfitters, LLC (BOC AP#: JA0007185) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers (ATs). This program is eligible for a maximum of 1.0 Category A hours/CEUs. ATs should claim only those hours actually spent in the educational program.



### **Social Workers:**



As a Jointly Accredited Organization, CME Outfitters, LLC is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 1.0 general continuing education credits.

### **Chaplains:**



The provider of this educational event has designed the program so that it may be considered by participants for use as continuing education to enhance the professional knowledge and pastoral competency of chaplains certified through the Board of Chaplaincy Certification Inc.® an affiliate of the Association of Professional Chaplains®.

### **Interprofessional Continuing Education:**



This activity was planned by and for the healthcare team, and learners will receive 1.0 Interprofessional Continuing Education (IPCE) credit for learning and change.

All other healthcare professionals may receive a Certificate of Participation stating this activity was certified for *AMA PRA Category 1 Credit™*.



For complete technical requirements and privacy policy, visit <https://reflectivepractice.fyi>.

### **Disclosure Declaration**

It is the policy of CME Outfitters, LLC to ensure independence, balance, objectivity, and scientific rigor, and integrity in all of their CE activities. Faculty must disclose to the participants any relationships with commercial companies whose products or devices may be mentioned in faculty presentations, or with the commercial supporter of this CE activity. CME Outfitters, LLC, has evaluated, identified, and mitigated any potential conflicts of interest through a rigorous content validation procedure, use of evidence-based data/research, and a multidisciplinary peer review process. The following information is for participant information only. It is not assumed that these relationships will have a negative impact on the presentations.

Disclosures obtained from the CME Outfitters, LLC and SCAD Group Inc. staff report no financial relationships.

### **Faculty:**

Niraj Swami, MBA and Brian Cohen, MD, have nothing to disclose.

### **Planning Committee:**

Brian Cohen, MD, Rose Sohraby Cohen, Pharm.D, Taylor Guerin, JD, LLM, LCSW, Miranda Barker, LICSW, Aline Valladares, RN-MSN, Natalia Benda Celenski, DDS, Lisa Cohen, LMHC, ATR-BC, Raelynn Harvey, PA-C, Niraj Swami, MBA, Scott J. Hershman, MD, FACEHP, CHCP, and Candice Gillett, MPH have nothing to Disclose.

### **Accreditation and Content Reviewer:**

Scott J. Hershman, MD, FACEHP, CHCP has nothing to Disclose.

*\*All identified conflicts of interest have been mitigated.*

Faculty of this CE activity may include discussions of products or devices that are not currently labeled for use by the FDA. The faculty have been informed of their responsibility to disclosure to the audience if they will be discussing off-label or investigational uses (any uses not approved by the FDA) of products or devices.

Questions about this activity? Please email [inbox@reflectivepractice.fyi](mailto:inbox@reflectivepractice.fyi)